

F.No. 1-77/RSkS/Admn./IYD/SRKC/2017/294

Rashtriya Sanskrit Sansthan
(Deemed University)

Shri Raghunath Kirti Campus,
Devprayag, Pauri Garhwal, Uttarakhand

Dated : 19.06.2018

CELEBRATION OF INTERNATIONAL YOGA DAY

As you may be aware that International Yoga Day is being observed on 21st June, 2018 across the world; It has therefore been decided to celebrate this day in the Campus.

The following programme/activities will be held on 21st June, 2018 at 10.30 A.M. on the occasion of International Yoga Day.

PROGRAMME

- Welcome of Yoga Expert Sh. Swami Nakul Dev Ji & Participants
- Lecture- "Importance of Yoga in Human Life"
- Information on various important Yoga Kriya/postures and demonstration by Yoga Expert
- View of participants how Yoga has helped them in the bringing health, happiness and peace in their life.
- Refreshment for participants

All Teaching & Non-teaching staff members are requested to attend the programme for celebration of International Yoga Day and assemble by 10.30 A.M. on 21st June, 2018.

Bhagwan Dev
Office I/c
SRKC, Devprayag (Uttarakhand)

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